

Dear Parents,

We are making ADD (Attention Deficit Disorder) and ADHD (Attention Deficit Hyperactivity Disorder) care a priority at Twin City Pediatrics! Whether your child is currently being seen for ADHD care or whether you may have future questions about ADHD, we want to provide you with the latest updates from Twin City Pediatrics.

ADD or ADHD can be an overwhelming diagnosis to receive and takes time and dedication to manage. When scheduling your very first ADHD visit, there are many questions you may have for your provider. Listed below is what you can expect at an Initial Consult visit:

- Your first visit is called the Initial Consult. Before this appointment we require parents to listen to the podcasts on our website entitled, “ADHD: What is it?” and “ADHD: Medications.” These podcasts are available in order to give parents a strong foundation for discussion with their provider during the initial consult visit.
- Also, before the Initial Consult visit with your provider, we require the completion of several documents. These forms can be found and printed from the Forms link on our website, www.shotshurtless.com. Under the ADD/ADHD Initial Forms section, we will need the following:
 - Initial Evaluation Form – open ended questionnaire completed by the parent
 - Vanderbilt Form – completed by parent
 - Vanderbilt Form – completed by teacher(s)
 - Cardiac Risk Factor Form – completed by the parent

All of these forms must be submitted *prior* to the Initial Consult visit with your primary care physician. These forms are required for diagnosis and are an important measure for improvement as we progress through the phases of ADD/ADHD management. You will have multiple ADD/ADHD office visits. Each child is different and quite often, the first medication your child receives may not be the medication on which he/she remains. You may have appointments every 2 to 4 weeks until we are certain the prescribed medication given to your child is the best one for him/her.

After your Initial Consult, you will have Follow Up or Medication Recheck appointments. These visits allow us to determine how much improvement your child is making on his/her medication as well as monitor any side effects. As with the Initial Visit, we require the completion of both a parent and teacher Vanderbilt Form each time there is a follow up visit. Vanderbilt forms must be submitted *prior* to each Follow Up appointment. These follow up Vanderbilt forms can be found and printed in the ADD/ADHD Follow Up section (click “Forms” from our homepage).

Please allow 3-5 days when calling for medication refills as our doctors work rotating schedules. To adhere to ethical standards and for the safety of our patients, the prescribing physician must be the doctor to refill medications.

Kirsten Davis MAEd., is our Patient Care Coordinator and works part-time assisting our ADHD patients. Please feel free to contact her by calling our office at (336) 718-3960 or by sending a MyChart message. Any forms can be faxed to her E-fax at (336) 277-6982. At Twin City Pediatrics we want ADD/ADHD care to be safe and healthy for your child which is why we closely monitor each patient’s progress. We look forward to seeing you throughout the year and thank you for entrusting your health care with us!

Twin City Pediatrics Team